

the **FRUIT** of the Spirit is

LOVE



MAIN IDEA

I was created to love God and love others.

VERSE

We love because he first loved us.

[1 John 4:19, ESV]

LOVE IS

patient, kind, rejoices over truth. Love always trusts, hopes, and perseveres. It is NOT jealous, it doesn't brag, it isn't proud, rude, selfish, angry, and it takes no pleasure in evil.

READ

Jesus Blesses the Children

Mark 10:13–16

Spark Story Bible
pages 328-333

HANDS ON

Overflowing Love
Object Lesson

CREATE

Raised Salt
Cross Painting

MAKE

Strawberry Popsicles

FRUIT IN ACTION

Brainstorm with your family how you can show love through your actions. Maybe it's by doing a chore for your siblings or delivering cookies & lemonade to neighbors. Find a way (or many ways) to love others this week.

INSTRUCTIONS

Fruit of the Spirit:

LOVE

Overflowing Love Object Lesson

Supplies: Cup (1 per child), Baking Soda, Vinegar, Tablespoon, Measuring Cup, Red Food Coloring (optional), Large Plate or Tray

Instructions:

1. Put a large plate or tray under each cup. The empty cup represents each person and their heart.
2. Put a little bit of red food coloring into each cup. OPTIONAL
3. Add a TBSP of Baking Soda to each cup.
4. Slowly pour in about 1/2 cup of Vinegar

Because He first loved us, the Holy Spirit at work in our hearts bubbles up inside and causes His love to overflow out of our hearts and show love to others.

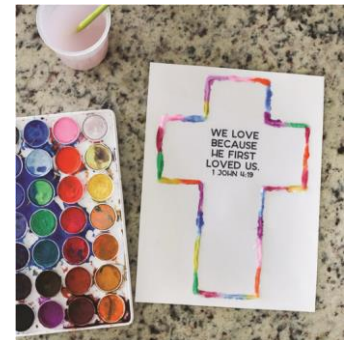


Raised Salt Cross Painting

Supplies: Cross printable, Glue, Table Salt, Watercolor Paint, Paint Brush

Instructions:

1. Squeeze a thin line of glue along the edge of the cross so it is outlined with glue.
2. Sprinkle Table Salt all over the glue.
3. Pour off the excess salt.
4. Dip your paint brush into the watercolor paint color of your choice, gently touch the line of salt with your brush. Watch the color spread
5. Let your artwork dry thoroughly. It may take longer than normal.



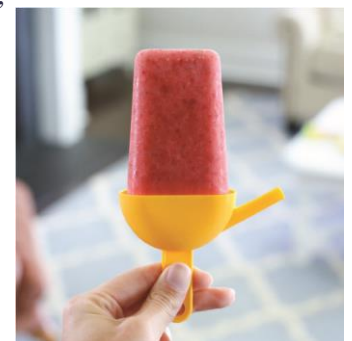
Strawberry Popsicles

Supplies: 2 cups hulled Strawberries, 1 cup Milk or Alternative Milk, 1/4 cup Honey, 1 TBSP Lemon Juice, Popsicle Molds or Paper Cups and Popsicle sticks, Blender or Food Processor

Instructions:

1. Put all ingredients into a Blender or Food Processor and blend until smooth.
2. Carefully pour the Strawberry mixture into popsicle molds.
3. Place in Freezer for about 4 hours.

* Tip: Before serving, hold popsicle molds under warm running water for about 30 seconds before removing the popsicles to help loosen them from the molds.



HANDS ON

CREATE

MAKE